



## Spring 2008

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*One out of every  
four of our children  
will be treated at  
an emergency  
room this year.*

## Providing Healthcare Where it is Needed

### *The Children's Dream Foundation provides funds to Mt. Vernon Neighborhood Health Center*

**When three year old Christie B.** ran a 105 fever, her mother rushed her to Mount Vernon Neighborhood Health Center. Within minutes, Christie was submersed in a cool bath, until her fever went down to 103. This fast response may have prevented her from having a serious seizure.

**When 8 year old Maria and her younger brother David** came to the Health Center with sore throats, headaches and vomiting, they were immediately seen by one of five pediatricians. She ran a strep test and stayed in close touch with the mother until it was determined that the children needed a course of antibiotics. The mother picked up the prescription and it was filled at the on-site pharmacy.

**When two year old Anna** was brought to the Center with blood in her urine and other symptoms, doctors did a complete blood work-up at the lab located in the Center and diagnosed muscular dystrophy.

Last year The Children's Dream Foundation provided funding so that these and other children could be seen right away. Equipment purchased by the Foundation included computers, nebulizers, vision and hearing screening devices, and examining tables. The program gives parents whose children need to be seen immediately a wonderful alternative to rushing to a hospital emergency room. Children who come to the

Health Center are seen quickly and their records are there so doctors can see their past history. Patient follow-up is emphasized in their medical care. The five pediatricians work closely, consulting on each other's cases. On a recent visit to the Center, there seemed to be a constant dialogue about the many children and their issues.

Mount Vernon Health Center has approximately 40,000 pediatric visits every year.

The heart of the Center's program for children is their preventive care program with well visits from birth right through adolescence. The right preventive care results in fewer emergencies. The Center is housed in a 50,000 square foot modern facility in the heart of Mt. Vernon. The atmosphere is warm and caring. For children who come to the center with parents who need care there is a special supervised play area and each child leaves with a new book.



Dr. Beth Bernstein examining an 8 year old patient at the Mt. Vernon Neighborhood Health Center.

SAVE THE DATE! SAVE THE DATE! SAVE THE DATE! SAVE THE DATE! SAVE THE DATE!

**Friday, May 9th**

**Annual Children's Dream Foundation Benefit**

**Shenorock Shore Club, Rye**

**This year the Foundation will honor **Randall Greene**, CEO of Safe Flight Instrument Corporation and Chairman of Corporate Angels Network, located at Westchester Airport. Since its founding in 1981 by the Greene family, Corporate Angels Network has flown over 25,000 cancer patients.**

**A medical award will be presented to **Dr. Irina Zhabinskaya**, Pediatric Hospitalist, Northern Westchester Hospital.**

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Help us improve pediatric healthcare  
in the Hudson Valley region.  
All contributions are very much appreciated.



**The Children's  
Dream Foundation**

Dedicated to improving children's  
health care in the Hudson Valley

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